

Donning Your New BK Prosthesis

DONNING A BK PROSTHESIS

1. Put on prosthetic nylon sheath
2. Put on prosthetic sock
3. Put on insert with a nylon sheath over it
4. Put on prosthesis

DONNING A SUCTION SOCKET BK PROSTHESIS

1. Put on prosthetic nylon sheath
2. Turn “roll-on” suction sleeve inside out for roll on application
3. Apply talc powder to inner portion of sleeve (since sleeve is turned inside out, when the sleeve is rolled on the limb the talc will be on the outside of the sleeve away from the limb). The function of the talc is to facilitate the sliding of the sleeve on itself.
4. Roll sleeve onto limb ensuring proper locking pin alignment.
5. Apply proper ply of sock over the sleeve. A hole should be out in each stump sock to allow the locking pin to poke through.
6. Place prosthesis on limb guiding locking pin into locking plate. A clicking sound should be heard.



Donning Your New AK Prosthesis

DONNING AN AK PROSTHESIS

1. If given a nylon sheath, put on first
2. Put on prosthetic sock
3. Put on prosthesis
4. Replace valve

DONNING A SUCTION SOCKET AK PROSTHESIS

1. Pull on pull sock or Ace bandage



2. Push downward into prosthesis, remove pull sock or Ace bandage completely as demonstrated by your prosthetist
3. Replace valve
4. Press weight down into prosthesis, while setting valve to release air

Volume Management

All amputees are aware that the size of their residual limb changes over time. Most experience subtle, and sometimes not so subtle, changes in volume over the course of a single day. Factors that affect the volume of the limb include reduction of postoperative edema, muscle atrophy, changes in body weight and the temporary reduction of fluids in the limb caused by the normal pumping action of walking in a prosthesis. To maintain an even, comfortable fit, it is necessary to accommodate for the volume changes by adjusting the thickness of the prosthetic socks. This can be done either by changing to a thicker sock, i.e., from a 3-ply to a 5-ply, or by adding another 1-or 2-ply sock over the existing sock. Care must be taken not to overdo this. If too many socks are used, the socket will not fit properly and may cause discomfort and skin breakdown.

Hygiene and Sock Care

Prosthetic socks and liners should be washed daily, carefully following the manufacturer's recommendations. Wearing a sock stretches it and perspiration hardens it. Washing and proper care restore its shape and soften it. Proper care of socks will reward the amputee with longer service and greater comfort. A sufficient supply of socks should be maintained to allow clean socks to be worn each day and to allow several days after washing before wearing. Wool socks should be worn in rotation, as this gives an interval of several days during which the socks can "rest." Such a rest period allows the wool fibers to regain their natural resiliency and elasticity for optimal comfort.

Thank You

In conclusion, we would like to thank you for selecting our services. Our team of skilled professionals is dedicated to providing you with the highest level of orthopedic care, and to designing the device best suited to helping you attain the greatest degree of function.

We trust you will be pleased with your new prosthesis. Following these suggestions should avert many problems; but if you have a concern, please notify us at once.

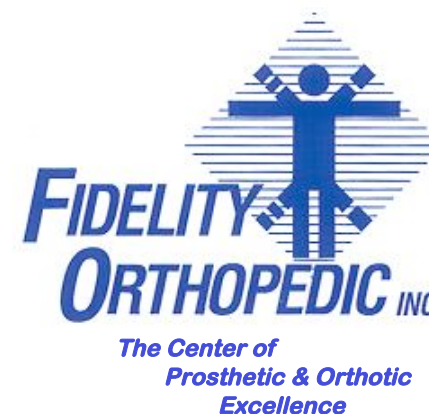
Wear your prosthesis in good health!

Serving Montgomery County at:

**8514 N. Main Street
Dayton, OH 45415
937/228-0682**

&

**7677 Yankee Street, # 210
Centerville, OH 45459
937/435-7041**



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